



The Athlete's Code of Conduct and Ethics

Purpose

1. This set of rules, regulations and behaviors for Kenya Triathlon Federation (KTF) Programs further defines the Code of Conduct and Behaviors outlined in KTF Constitution. The intent of these rules, regulations and behaviors is to describe the boundaries, and general attitude and behavior that each team member is expected to display when they are part of a KTF Development Program or when they represent the Federation in the sport of triathlon.

Definitions

2. The following terms have these meanings in this document.
 - a) *'member'* or *'athlete'* refers to categories of membership defined by Kenya Triathlon By-Laws to individuals employed by, or engaged in activities with, Triathlon Kenya or County Associations, but not limited to, athletes, coaches, officials, volunteers, managers, administrators, directors and officers of Triathlon Kenya or County Triathlon Association, and parents/guardians of athletes
 - b) *'Development Program'* refers to, but is not limited to, KTF organized and operated Competition, Training Camps, Training Sessions, Training Centers, Team Tours, Team Travel and related KTF Team Activities.

Preamble

3. To foster successful teams, Athletes, Coaches, Assistants and Team Leaders must be willing to modify certain lifestyles and conform to team rules, regulations and behaviors. This is in keeping with the goal to provide an environment of mutual respect and professional conduct for the pursuit of common team goals and accountability for individual conduct and performance in relation to the KTF Development Program.
4. To realize this goal, it is imperative that all members of KTF Teams adhere to a set of rules, regulations and behaviors.
5. Incidents of harassment will follow the process outlined in KTF policies pertaining to harassment.
6. KTF views breaches of these rules, regulations and behaviors seriously. Breaches of same may lead to the athlete's removal from KTF Development Program. In cases where a breach occurs away from home the athlete may be sent home by the first available transport with the incurred costs of such action to become the responsibility of the athlete, or his/her parents.

Kenya Triathlon Athlete's Code of Conduct



General

7. Athletes have the responsibility to:
 - 7.1 Follow all regulations and codes specified by places of accommodation and the requests of staff.
 - 7.2 Abide by the WADA anti-doping policy.
 - 7.3 Not consume alcohol, tobacco or recreational drugs, whether in private or in public.
 - 7.4 Maintain membership of the County / Kenya Triathlon Federation.
 - 7.5 Ensure that athlete personal records remain current with the County / Kenya Triathlon Federation. These may include, but are not limited to, athlete and parent contact details such as address, mobile number and email address, emergency medical information, sport medical information on past and current injuries and illnesses.
 - 7.5 If the athlete is under 18 years, they cannot be transported in a car by another athlete without prior written permission from the parent of the under 18 year old athlete.

Athlete Performance

8. Athletes have an obligation to:
 - 8.1 Prepare to do their best performance by preparing physically and mentally for competition.
 - 8.2 Fully disclose all illness and injuries to the team identified authorities as soon as they have occurred.
 - 8.3 Participate in all KTF Development Program activities as required.
 - 8.4 Participate in all events as identified by KTF
 - 8.5 Maintain their best possible physical fitness and health so as to carry out the expectations of the KTF Development Program.
 - 8.6 Not quit or purposefully disqualifying oneself from a race.

Codes Specific to KTF Team Tours, KTF Team Activities and Camps

9. As appropriate athletes are required to:
 - 9.1 Wear the KTF uniform for travel and competition, and as directed by the program coach or team manager.
 - 9.2 Obey training and schedules, and punctually attend all team meetings.
 - 9.3 Keep all team areas, neat, clean and orderly. For shared sleeping areas, respect your roommate and their wishes for a neat, clean and orderly space.
 - 9.4 Not consume alcohol, recreational drugs or tobacco.
 - 9.5 Follow guidelines established by the Head Coach (these maybe venue specific and thus change from time to time dependent on location).
 - 9.6 While on a tour, at a camp, or training center the athlete must demonstrate an irreproachable conduct for the duration of the activity that specifically includes:
 - 9.6.1 Behaving in a respectful manner towards venue staff, KTF staff and appointees, fellow athletes, parents and spectators. Inappropriate language will not be tolerated as it may expose the athlete and/or the KTF to public scrutiny.
 - 9.6.2 Demonstrating a respect for property especially in public settings where an athlete's actions may be observed and reported.

Willful vandalism, theft or the destruction of property will not be tolerated. Perpetrator(s) will not only be subject to disciplinary action, but may also be subject to prosecution as governed by local laws. A Team member witnessing an infraction must immediately inform the Head Coach or Team Manager.

- 9.6.3 Athletes are required to behave within the policies and practices of their KTF. Damage of reputation of the sport and/or of the individual is unacceptable.
- 9.6.4 Athletes are not to voluntarily participate in activities (within their control) that may compromise their participation in a KTF Development Program activity.
- 9.6.5 Athletes may only leave the tour or camp with the permission of the Team Manager or Head Coach.
- 9.6.6 Athletes will refrain from inappropriate behavior, which includes but is not limited to:
 - 10.6.6.1 Curfew violations
 - 10.6.6.2 Un-sportsman like conduct
 - 10.6.6.3 Public misconduct
 - 10.6.6.4 Sexual activity with another team mate, coach or staff person
 - 10.6.6.5 Tampering with the equipment of other athletes
 - 10.6.6.6 Engaging in activity likely to compromise or endanger the athlete or athletes, or likely to jeopardize the standing and reputation of KTF.

This statement of the KTF Development Program rules, regulations and behaviors constitute an agreement by which the athlete respects and agrees to accept. If an athlete breaches the agreement they are subject to the appropriate sanction/discipline actions.

By signing below I acknowledge that I have read and agreed to abide by the above conditions.

Athlete's Name:	
Telephone No:	
Email Address:	
ID. No. & Passport No:	
Athletes Level:	
Club Name & County:	
Athlete's Signature:	
Date:	

Note: If the athlete is a minor the athlete's parent must sign.